

## CLAIMS

1. A method for relieving pain or discomfort, and to promote healing of a subject wherein the pain or discomfort is caused by a medical condition or a physical injury to the soft tissues of the mouth and to the teeth, the method comprising the steps of:  
providing a composition consisting, by percentage weight, of: water –at least 70%; vegetable glycerine – about 10%; sea salt – about 12 %; peppermint oil – at least 1.5%; and tea tree oil – at least 1.5%, and applying said composition to the affected soft tissue.
2. The method as set forth in Claim 1, wherein said composition is applied by way of a mouth wash.
3. The method as set forth in Claim 1, wherein said composition is applied by way of a spray.
4. . The method as set forth in Claim 1, wherein said composition is applied by painting directly onto said affected tissue by way of a swab .
- 5.. A composition for use as a prophylaxis application, comprising , by percentage weight, of: water –at least 70%; vegetable glycerine – about 10%; sea salt – about 12 %; peppermint oil – at least 1.5%; and tea tree oil – at least 1.5%.
6. The composition as set forth in claim 5 , wherein said composition is a liquid solution.
7. The composition as set forth in Claim 6, in combination with an aerosol container.
8. The composition as set forth in Claim 6, in combination with a container having a pump.

9. The composition as set forth in Claim 5, in combination with a container and applicator.
10. The composition as set forth in Claim 9, wherein said container is a glass bottle.
11. . The composition as set forth in Claim 9, wherein said container is a coloured glass bottle.
12. The method as set forth in Claim 1 wherein said composition consists, by percentage weight: water –about 70 %; vegetable glycerine –about 10 %; sea salt –about 12 %; peppermint oil –about 2 %; and tea tree oil –about 2 %.
13. The method as set forth in Claim 1 wherein said composition consists, by percentage weight: water –74.7 %; vegetable glycerine –9.6 %; sea salt –12.3 %; peppermint oil – 1.7 %; and tea tree oil –1.7%.
14. The composition as set forth in Claim 5, comprising , by percentage weight: water – 74.7 %; vegetable glycerine –9.6%; sea salt –12.3 %; peppermint oil –1.7 %; and tea tree oil –1.7 %.